



Sick Staff Policy

Education and Care Services National Law and Regulations and Workplace Health and Safety legislation require early childhood education and care services to implement specific measures to minimise the spread of infectious illness and maintain a healthy environment for not only children, but also educators, staff and other adults who may visit the service. Whilst we urge families to keep their child away from childcare when they are sick, we also urge staff to take leave if they are unwell to minimise the transmission of infectious disease and illness to others.

Our Service relies on employees being at their best every day. Educators often overlook their own health resulting in exhaustion, stress and illness. When an educator is unwell with an illness or injury, it is critical that they take care of their own health and take time to recover before returning to the demands and responsibilities of an early childhood education and care setting.

NATIONAL QUALITY STANDARD (NQS)

QUALITY AREA 2: CHILDREN'S HEALTH AND SAFETY		
2.1	Health	Each child's health and physical activity is supported and promoted.
2.1.1	Wellbeing and comfort	Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's needs for sleep, rest and relaxation.
2.1.2	Health practices and procedures	Effective illness and injury management and hygiene practices are promoted and implemented.

EDUCATION AND CARE SERVICES NATIONAL REGULATIONS	
12	Meaning of serious incident
77	Health, hygiene and safe food practices
83	Staff members and family day care educators not to be affected by alcohol or drugs
85	Incident, injury, trauma and illness policies and procedures
88	Infectious diseases
89	First aid kits
90	Medical conditions policy
Sec. 174(2)(a)	Serious incident – any emergency for which emergency services attended



RELATED LEGISLATION

Fair Work Act 2009

Work Health and Safety Act 2011

Children's Services Award 2010

Privacy Act 1988

RELATED POLICIES

Code of Conduct Policy

Incident, Illness, Accident and Trauma Policy

Control of Infectious Diseases Policy

Medical Conditions Policy

Handwashing Policy

Privacy and Confidentiality Policy

Immunisation Policy

Sick Child Policy

PURPOSE

We promote and maintain the health and wellbeing of all staff by ensuring as far as is reasonably practicable, the health and safety of our staff and others at the workplace. Our Service maintains an environment where measures are in place to eliminate or manage hazards and risks of illness or injury. This policy communicates clear directions and guidance about protocols and actions employees should follow to avoid adversely affecting the safety and health of children, other staff members and visitors to the service.

SCOPE

This policy applies to management, the approved provider, nominated supervisor, students, staff, families, visitors (including contractors) and children of the Service.

IMPLEMENTATION

Our Service promotes the need for a safe, healthy and inclusive workplace. Staff who are healthy provide the best possible education and care to children and are able to provide support to their colleagues. To



enable compliance with *Work Health and Safety legislation* and our *Code of Conduct Policy*, all staff must take reasonable care for their own health and safety and others in the workplace.

Minimising the spread of illness, infections and diseases

We aim to minimise cross contamination and the spread of infectious illnesses by implementing best practice and high standards of personal hygiene within our Service. Recommendations by the Australian Government National Health and Medical Research Council publication, *Staying healthy: Preventing infectious diseases in early childhood education and care services* (Fifth Edition) and Safe Work Australia, guide our policies and protocols.

Staff are provided with information about the recommended vaccines for early childhood educators including yearly influenza vaccinations as per our NSW Health recommendations.

Staff are required to provide an *Immunisation History Statement* from the Australian Immunisation Register (AIR) to management for their staff record, showing that they have received a yearly influenza vaccination and a up to date whooping cough vaccination.

Vaccination is important as not only can staff members catch a potentially serious infection such as measles or whooping cough, they could then inadvertently pass it onto children in their care who are too young to have had their vaccinations or to women who may be pregnant.

The Australian Government recommends everyone over the age of 6 months have an annual influenza (flu) vaccine and all adults receive COVID-19 vaccinations.

Whilst our Service cannot require employees to be vaccinated against coronavirus, we strongly recommend all staff receive the COVID-19 vaccine to reduce the health, social and emotional impacts of the COVID-19 pandemic.

Exclusion periods and notification of infectious diseases are guided by the *Australian Government- Department of Health* and local public health units in our jurisdiction as per the Public Health Act. These apply to children and staff at the Service.

In the event of an outbreak of a vaccine preventable disease at our service, staff who are not vaccinated will be notified and should be excluded from the workplace.

To help minimise the spread of illness and infectious diseases within our Service, rigorous hygiene and infection control procedures are implemented including:

- effective and frequent hand washing hygiene
- cough and sneeze etiquette
- use of gloves by staff when administering medication, applying first aid, nappy changing, wiping children's noses, cleaning etc
- effective cleaning of the environment, toys and resources
- requesting parents and visitors to hand sanitizer upon arrival and departure at the Service



- exclusion of children, educators or staff when they are unwell or displaying symptoms of an infectious disease or virus and
- Wearing of face masks when mandated by Public Health Orders.

The Approved Provider, Nominated Supervisor will ensure:

- staff members are informed about sick leave entitlements during the induction process
- Staff members provide an Immunisation History Statement at time of employment and update this record whenever they receive a seasonal vaccination (including mandatory COVID-19 vaccination requirements)
- all staff are aware of the required procedure of informing management when they are sick and unable to attend the workplace
 - *Call Assistant Director on mobile, at least one hour before your shift is to begin. Otherwise you will be required to attend your shift and stay until we can cover your position.*
- Staff members are encouraged to disclose any health problems that may be life threatening or may affect their work (risk of anaphylaxis, diabetes, asthma, epilepsy).
- Evidence may be requested for any sick leave where a staff member is unable to work due to illness or injury.
 - In the case of carer's leave, staff may be asked to provide evidence if they are required to care for a family member.
 - Evidence may include a medical certificate, which must state the staff member was genuinely entitled to the sick or carer's leave and be provided by a registered medical practitioner.
 - If a staff member does not provide evidence when asked they may not be entitled to paid sick or carer's leave.
- where a staff member applies for sick leave of two (2) days or more, a certificate stating the nature of the illness and period of time the person is unfit for work must be provided by a registered medical practitioner
- Where a staff member has sick leave either side of public holidays or annual leave, a certificate stating the above must be provided by a registered medical practitioner
- management monitors and review staff absences regularly – if staff are having consistent sick days or a pattern is developing, management will meet with the staff member to discuss any issues or management plan required. This may involve staff needing a medical certificate for all sick days, including half days
- staff provide their immunisation record showing they have the following vaccinations before commencing employment and are up to date with any boosters when needed
 - Measles-mumps-rubella (MMR)
 - Pertussis (Whooping Cough)
 - Varicella (Chicken Pox)
 - Influenza (annually)
- staff adhere to our *Work Health and Safety Policy*



- incidents and accidents are reported in accordance with National Regulations and Work Health and Safety guidelines
- return to work programs are facilitated to assist employees return to work following an injury or incident
- staff comply with all current public health order directions (including testing and isolation requirements) where required.
- The regulatory authority is notified of any serious incident for which emergency services attend the service.

Employees will:

- monitor their own health and not attend the workplace if they have an infectious illness or display symptoms of an illness
- inform the Assistant Director, Nominated Supervisor or Responsible Person if they have an infectious illness or display symptoms of an illness, adhering to any public health order directions as required
- comply with all public health direction orders (including testing and isolation requirements) where required.
- ensure they get sufficient rest the night before and present at their shift on time in good health
- ensure they do not attend the workplace intoxicated
- provide management with their *Immunisation History Statement* or other records from their general practitioner to provide evidence of immunisations (including boosters as required):
 - Measles-mumps-rubella (MMR)
 - Pertussis (Whooping Cough)
 - Varicella (Chicken Pox)
 - Influenza (annually)
 - COVID-19
- Disclose any health diagnosis that may be life threatening or may affect their work (risk of anaphylaxis, diabetes, asthma, epilepsy)
- Provide a health care plan to provide guidance on management of their health care need in case of an emergency. E.g. ASCIA Anaphylaxis Action Plan
- Inform the Assistant Director, Nominated Supervisor or Responsible Person the location of their EpiPen if they are at risk of anaphylaxis.
- Regularly review their health care plans if they have ongoing medical needs such as asthma or anaphylaxis, epilepsy or diabetes (or any other medical condition that requires ongoing management)
- Notify management as soon as reasonably practicable if they are unable to attend work due to illness or injury
 - *Call Assistant Director on mobile, at least one hour before your shift is to begin. Otherwise you will be required to attend for your shift and stay until we can cover your position.*



- provide evidence of their illness or injury as soon as practicable if sick leave is two (2) days or more, is before or after a public holiday, annual leave or rostered day off.
- communicate their recovery time/plan openly and honestly with management
- abide by management's decision if requested, to take leave due to an outbreak of an infectious disease if they are considered 'at risk'
- regularly review their health care plans if they have ongoing medical needs such as asthma or anaphylaxis, or if they are having regular sick days
- update their emergency contact details in staff records annually or when required
- assist work colleagues to understand their own health, safety and wellbeing accountabilities and responsibilities
- be excluded from the Service if they have had diarrhoea and vomiting until after symptoms have ceased to reduce infection transmission
- adhere to exclusion/isolation periods if they have any infectious disease
- inform management if their medical condition/illness or injury affects their ability to perform their job
- inform management if prescribed medication may cause health or safety issues for themselves or others (eg: medication making them drowsy)

Leave entitlements

Staff are eligible for sick leave, also known as personal leave, to take time off work for personal illness and in certain circumstances, time off work to help care for ill or injured family members. Sick leave must not be used for absences that are not connected with ill health.

Under the Children's Services Award 2010, full time and part time employees are entitled to 10 days of sick and carer's leave for each year of employment. Part time employees are entitled to the same leave entitlements on a pro-rata basis. Sick leave accumulates each year. Casuals are not entitled to paid sick or carer's leave.

Evidence may be requested for personal leave to state the staff member was genuinely entitled to the sick or carers leave and be provided by a registered medical practitioner. If a staff member does not provide evidence when asked they may not be entitled to paid sick or carers leave.

Privacy and Confidentiality

Employees are required to notify management if they are affected by an infectious disease.

Privacy laws, however, protect staff members from disclosing other non-infectious illnesses to their employer.

Information about an employee's health cannot be shared with others without their consent.

This may be applicable for employees who have cancer or a mental illness.

Employees should inform management if reasonable adjustments need to be made to their duties to allow them to continue to work due to their illness.

Advice from a registered medical practitioner may be required to assist in managing work duties and ensuring the wellbeing and safety of others.



Returning to work after surgery

Staff members who have undergone any type of surgery will need to take advice from their doctor/surgeon as to when it is appropriate and safe to return to the workplace.

A medical clearance statement will be required to ensure the staff member is fit and able to return to normal duties.

Reporting outbreaks to the public health unit

The Approved Provider is required to notify the local **Public Health Unit** (PHU) by phone (call 1300 066 055) as soon as possible after they are made aware that a child enrolled at the Service or **staff member** is suffering from one of the following vaccine preventable diseases or highly infectious illnesses:

- Diphtheria
- Mumps
- Poliomyelitis
- Haemophilus influenzae Type b (Hib)
- Meningococcal disease
- Rubella ('German measles')
- Measles
- Pertussis ('whooping cough')
- Tetanus
- An outbreak of 2 or more people with gastrointestinal or respiratory illness
- any confirmed or suspected case of coronavirus- (COVID-19)

Policy Evaluation

Our Service relies on employees being at their best every day and we are committed to promote the health, safety and well-being of staff members at all times. This policy will be evaluated and reviewed annually as part of our review cycle.

SOURCE

- ASCIA Action Plans, Treatment Plans, & Checklists for Anaphylaxis and Allergic Reactions: <https://www.allergy.org.au/hp/ascia-plans-action-and-treatment>
- Australian Children's Education & Care Quality Authority. (2014).
- Australian Government- Department of Health and Aged Care <https://www.health.gov.au/>
- Department of Health NSW Vaccination of staff working in Early Childhood Services <https://www.health.nsw.gov.au/immunisation/Factsheets/vaccination-early-childhood-staff.pdf>
- [Education and Care Services National Regulations](#). (2011).



- Fair Work Ombudsman <https://www.fairwork.gov.au/leave/sick-and-carers-leave>
- Guide to the Education and Care Services National Law and the Education and Care Services National Regulations. (2017).
- Guide to the National Quality Standard. (2020).
- National Health and Medical Research Council. (2013). *Staying Healthy: Preventing infectious diseases in early childhood education and care services* (5th Ed.). Australia: Commonwealth of Australia. NSW Government. (n.d.).
- *Public Health Act 2010*
- *Privacy Act 1988*
- Revised National Quality Standard. (2018).
- Safe Work Australia – www.safework.nsw.gov.au
- Work Health and Safety Act 2011 (Cth).
- Work Health and Safety Regulations 2017

Review

Policy Reviewed	Modifications	Next Review Date
August 2020	<ul style="list-style-type: none"> • New policy drafted for Service 	August 2021
August 2021	<ul style="list-style-type: none"> • Inclusion of Australian Government Dept Health recommendations for COVID-19 vaccinations • Addition of public health orders for mask wearing where relevant • Additional information added re: staff disclosure of health care needs • Notification to regulatory authority of any serious incident. 	August 2022
September 2022	<ul style="list-style-type: none"> • Policy maintenance – no major changes to policy • Edits regarding evidence required for sick/carers leave entitlements • Minor formatting edits within text • Hyperlinks checked and repaired as required 	September 2023

Signature of Director: _____

Busy Kids Child Care